

# "This Do in Remembrance of Me"

Luke 22:19

# Receiving Communion: The mini meal that heals. Amen!

Instructions:

1. Prepare Juice (apple, cranberry or grape)

2. Prepare a piece of cracker or bread

## 3. Humbly bow in your heart and simply pray:

Jesus Christ You are my Lord!

Thank You for being my Saviour and Healer! Lord Jesus I proclaim Your death until You come. I am remembering You and all You did for me. You died and destroyed the works of satan and delivered me from the fear of death. You shed Your Holy Blood to wash me whiter than snow, You bore my sins in Your Body on the Cross. You took my sins, sickness, pains and griefs in your own body on the cross and by Your stripes I am healed!

Humbly I pray this deep cleansing prayer:

Lord, forgive me all my sins in thought, word and deed. Forgive my unknown sins, secret sins, sins of omission (what I should have done and did not) and presumptuous sins. Forgive me where I've grieved, quenched or resisted the Holy Spirit. Forgive me where I've done things not in faith or to Your glory, where I've not discerned Your body, especially where I've hurt, rejected or offended, knowingly or not, forgive me. I forgive all who have hurt, rejected or offended me. Please pull down our bars of contention or strife and heal all woundedness in my life. I forgive all who have sinned or trespassed against me. Thank you Father through Jesus Christ my Lord, I am forgiven!

## (Heb. 9:14, Is. 1:18, 1 John 3:5&8, Ps. 19:12-13, Prov.18:19, Matt 6:12, 1 Thess 5:19, Eph 4:30, 1 Cor 11:29, Acts 7:51, John 27:3)

Master come and purge my conscience of dead works and evil powers to serve You! Make me whiter than snow in Your Holy Blood Yeshua Messiah.

#### 4. Hold up the juice and bread/cracker and say:

Father God I pray Blessed Holy Spirit and healing delivering virtue be in this juice and cracker/bread.

Lord Jesus Christ manifest Yourself taking away my sins and destroying the works of the devil against me!

Thank You Saviour You bore my sins, sickness, pains, griefs and sorrows, every flu and cold germ in Your Holy Body and by Your stripes I am healed. (1 Pet 2:24)

Blessed Holy Spirit I ask for You to fill me and grant me a gift of faith, healing and a Miracle to envelope my life.

I receive now and believe it to be so, for Your Honor And my blessings. Amen.

I yield my whole life to You Lord Jesus, work in me Your will and grant provision to do it.

Help me to be a doer of Your Word and work.

In Jesus Christ Holy Name. Amen.

#### 5. Eat the Bread/Cracker and drink the Juice

6. Take a deep breath, breathe in Blessed Holy Spirit and out what's troubling you....smile.

God is with you and in you and working to make it all real in Yeshua Messiah Lord Jesus Christ Holy Name. Amen. Go forward blessed.



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